



In-Home Behavioral Supports

AN INTRODUCTION TO SERVICES SUPPORTING CAREGIVERS & RESOURCE PARENTS DESIGNED TO INCREASE CAPACITY AND SUPPORT TO FAMILIES AND IMPROVE OUTCOMES FOR CHILDREN AND YOUTH IN OUR CHILD WELFARE SYSTEM.



Introduction...

- **Presenters:**

- Diana Boyer – Senior Policy Analyst, County Welfare Directors Association
- Tracy Schiro – Assistant Director, San Luis Obispo County Department of Social Services
- Jim Roberts – Founder/CEO , Family Care Network, Inc.
- Jon Nibbio – Director of Clinical Services/COO, Family Care Network, Inc.



Overview...

- **Background & Overview:** Diana Boyer
 - This webinar is being recorded and will be posted afterward at <http://calswec.berkeley.edu/continuum-care-reform>
 - Major Changes and Opportunities:
 1. Continuum of Care Reform Effort (CCR) and AB 403 (Statutes of 2015)
 2. Resource Family Recruitment/Retention and Support Funding (2015)



The San Luis Obispo County Experience...

- **Historical Overview:** Jim Roberts
 - **Children's Services Network GOAL:** Reduce group home placements, keep kids in their community & keep kids in a family – preferably their own!
 - Target Population – who do we serve?
 - FCNI began to pioneer Therapeutic Foster Care (TFC) with in-home supports in the late 80's: we used Social Work Staff, Interns, AmeriCorps, et cetera
 - Mid 90's "Pre-Wraparound" Innovations: EMQ engagement & "WISH"
 - ITFC Implementation
 - TBS & IBS
 - SB 163 Wraparound
 - Specialty TFC Programs
 - Wraparound Foster Care, Crisis Stabilization Foster Care & Emergency Shelter Care
 - Katie A – IHBS



The San Luis Obispo County Experience...

- **Historical Overview:** Tracy Schiro
 - Long-term value of IHBS
 - How IHBS is integrated into the county's Children's Continue of Care
 - San Luis Obispo County's unique public-private collaborative model
 - SLO's effective use of Child/Youth & Family Teams
 - The role of the county' Interagency Placement Committee
 - Probation integration & involvement



The San Luis Obispo County Experience...

- **The Importance & Value of IHBS:** – Jim Roberts
 - It is essential for Home-Based Services to be effective
 - Foster/Resource Parents aren't superheroes – they need the support!
 - When integrated with effective Trauma-Informed Interventions, IHBS:
 - Improves & Stabilizes Foster child/youth behaviors
 - Promotes health & wellbeing
 - Prepares foster children/youth for a quicker move to permanency
 - It improves Resource Parent Recruitment & Retention
 - It adds a valuable resource to the CFT Planning & Services Delivery Process
 - It is a "Best-Practice" for effective Case Management



The San Luis Obispo County Experience...

- **What are the “Nuts & Bolts” of IHBS & How Does it Work:** – Jon Nibbio
 - Definition of IHBS
 - Children & Youth being served
 - How we use it in SLO County
 - Examples of IHBS Services not billable through MediCal (SB 163, ITFC & CWS funds)
 - Examples of IHBS Services billable through MediCal
 - What is a Rehabilitation Specialist?
 - What is the unique role of the Rehabilitation Specialist?
 - Who can provide IHBS Services?
 - IHBS Staff Supervision



The San Luis Obispo County Experience...

- **Staff Development/Training, Supervision & Support:** – Jon Nibbio
 - **Training** – Family Care Network Core Curriculum:
 - Confidentiality
 - Mandated Reporting
 - Stages of a Crisis/Suicide Prevention
 - Incident Reporting/CCL Regulation
 - Risk Management
 - Field Training Protocols
 - Trauma Informed Care and ERH (Emotional Regulatory Health)
 - Trauma Informed Interventions & Practical Application Required Trainings
 - Documentation



The San Luis Obispo County Experience...

- **Staff Development/Training, Supervision & Support:** – Jon Nibbio
 - **Training** – Family Care Network Core Curriculum:
 - Behavioral Interventions
 - Treatment Planning & Documentation
 - Documentation Standards & Case Notes
 - Medication Documentation
 - TFC Program Training
 - Transitional Aged Youth Services Programs
 - Therapeutic Behavior Services Program
 - Wraparound Program



The San Luis Obispo County Experience...

- **Staff Development/Training, Supervision & Support:** – Jon Nibbio
 - **Training** – Family Care Network Core Curriculum:
 - PRO-ACT/PRO-ACT Restraint
 - CPR/FA & Water Safety
 - Professionalism
 - Boundaries & Therapeutic Self Disclosure
 - Mental Health
 - Working with Parents/Caregivers to transfer skills
 - Substance Abuse & Co-occurring Disorders
 - CRM (Customer Relations Management)
 - Cultural Competency
 - CSEC



The San Luis Obispo County Experience...

- **Foster/Resource Parent Supports:** – Jon Nibbio
 - 24/7 staff & supervisory access
 - Family Partner Support
 - Access to 24/7 emergency assistance
 - IHBS support 24/7
 - Attend support group twice a month co facilitated by a Family Partner, a Social Worker or Program Supervisor



The San Luis Obispo County Experience...

- **The Positive Impact of IHBS Services, Outcomes & Successes:** – Jim Roberts
 - Anecdotally, we have tons of great stories, but...
 - Let's look at the Family Care Network data:
 - **ITFC-based Programs** (excluding ITFC-Emergency Shelter)
 - Historically – 700+ served with a 87% success rate
 - 2014/15 – 35 served with a 90% success rate
 - **SB 163 Wraparound**
 - Historically – 1,152 youth/families served with a 93% success rate
 - 2014/15 – 135 youth/Family served with a 95% success rate
 - **TBS**
 - Historically – 1,044 youth/families served with 94% success rate
 - 2014/15 – 104 youth/families served with a 94% success rate
 - **MHSA-based Programs** – Historically, 454 youth/families, 91% success rate



The San Luis Obispo County Experience...

- **The Positive Impact of IHBS Services, Outcomes & Successes:** – Tracy Schiro
 - 70+% reduction in group home placements
 - Improved federal/636 outcome
 - Reduced placement moves
 - Quicker transition to permanency
 - Improved Resource Family recruitment
 - Improved Resource Family retention
 - Better foster parent risk management



The San Luis Obispo County Experience...

- **Strategies for Implementation:** -- Diana Boyer
 1. Work with State Partners to integrate IHBS into the rates structure
 2. County CWS/Probation partnerships with County Behavioral Health – contracts
 3. Identify other funding sources (Wrap/SB 163, MHSA, R/R/S funds, Realignment)
 4. Educate policy makers to ensure adequate funding for implementation
 5. Training – include trauma-informed care
 6. Family Care Network/SLO County conference training and small group workshops



The San Luis Obispo County Experience...

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Questions?