COMMUNITY LEADERSHIP: AGING TOGETHER

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PRESENTATION OVERVIEW

- Population trends
- Federal / State landscape
- Area Agency on Aging (AAA) 101
- Alameda, Sonoma, San Francisco efforts



CALIFORNIA POPULATION BY AGE GROUP



Source: State of California Department of Finance. (2014). State and County Population Projections by Race/Ethnicity, Sex, and Age 2010-2060. Sacramento, California. Accessed online December 1, 2015, at http://www.dof.ca.gov/research/demographic/reports/projections/P-3/.

-----Californians Age 0-19yrs

Californians Age 60+

CALIFORNIA SENIOR POPULATION BY RACE



Source: State of California Department of Finance. (2014). State and County Population Projections by Race/Ethnicity, Sex, and Age 2010-2060. Sacramento, California. Accessed online December 1, 2015, at http://www.dof.ca.gov/research/demographic/reports/projections/P-3/.

Two or More Races

Indian/Alaskan Native

Asian-Pacific Islander

Black/African American

Latino/Hispanic

FEDERAL & STATE LANDSCAPE

Federal:

- Administration for Community Living
- Affordable Care Act
- Elder Justice Act

State:

- Coordinated Care Initiative
- A Shattered System: Reforming Long-Term Care in California (CA Senate Select Committee on Aging and Long Term Care chaired by Senator Carol Liu)



AAA 101

- Older Americans Act (1965) reauthorized 2016
- Services: Supportive home- and community-based services, nutrition, disease prevention, health promotion, elder rights, family caregiver support, information and referral
- Funding: Federal, State, and Local
- Role: Local Area Agencies on Aging assess needs and service gaps, develop area plan, administer funding, and advocate



ALAMEDA COUNTY

"Leadership" variables- stars lined up today

- Timing-window of opportunity •
- Community 'hungry' for leadership to prioritize older adults
- Expertise in Aging: not required (but very helpful!)
- Balance: resources toward infrastructure vs community

Alameda efforts

- Board of Supervisor directive to organize & plan cross county
- Public Health Care Services Agency 'directed' to engage
- AAA planning process used as anchor
- Focus & Attention of planning; already yielding progress





ALAMEDA COUNTY

Recent investments in Older Adults

- Local Measure A: calibration toward new \$
- SSA AAA contract general fund match- on going
- Expanded staffing in Aging programs: admin & direct service

Next steps

- New cross county table: public / community
- Compliment to Aging commission
- Focus: Leg / Advocacy work; more presence in Sacramento; Data driven; Age Friendly initiative- coordination with cities





SONOMA COUNTY

Adult and Aging Services

- Integrated Services
- Advocacy
- Funding





Human Services Department COUNTY OF SONOMA Human Services Department

SONOMA COUNTY

AGING TOGETHER SONOMA COUNTY

Many of us will live to 100 . . . What's your plan?





AGING TOGETHER VISION

- Sonoma County is a healthy place to live, work and play... a place that supports all people to thrive across the lifespan and achieve their life potential...
- All individuals and families, including older adults, have the opportunity to be connected to community life, have access to resources and support they need to thrive and achieve their life potential.





AGE FRIENDLY CITIES AND COMMUNITIES

WHO Strategy: Make World More Age Friendly

 WHO's "Active Aging" Framework -- opportunities for health, participation and security to enhance quality of life as people age





AGE FRIENDLY CITIES AND COMMUNITIES

• WHO requires five year commitment

Sonoma County Demographics 24% + of residents are 60 +







"Seniors should be a part of every discussion regarding community needs in the county."

-Focus group member from a community-based Santa Rosa senior service provider.





SAN FRANCISCO

Local efforts

- Long-Term Care Coordinating Council
- Age- and Disability-Friendly SF
- Dignity Fund
- Benefits and Resource Hub

Broader efforts

- Expanding advocacy
- Opportunities to leverage outside funds



QUESTIONS



