Presenters

- Kate Andrews – Children and Family Services Supervisor
- Carmen Franco – Children and Family Services Senior Administrative Specialist
- Taryn Massey - Children and Family Services Supervisor
- Shelley Townley - Children and Family Services Supervisor
Children and Family Services

• Peer Support and Resiliency Support Groups
Why?

“She crushing. PTSD symptoms showing up in more than half of Children's Services workers.”

A recent study shows that 53 percent of Ohio's children's services caseworkers have symptoms of post-traumatic stress disorder. That compares with national incidences that range from 35 percent to 75 percent of child-welfare staff.

March 6, 2019 Cincinnati Enquirer Article
Katie’s Story
How?

• Counseling Team International “How To” for management

• Peer Support Coordinator/Team
  • Develop Peer Support Team among Agency staff
    • Nominated by peers and interviewed by Coordinator

• Basic Peer Support Training

• CISM (Critical Incident Stress Management)

• Critical Incidents

• PSPSA (Public Safety Peer Support Association) Conference
What?

• Peer Support
• Resiliency Support Groups
• Debriefings/Critical Incidents
• Therapy Dogs: Hope Animal Crisis Response Dogs
• Ventura County Peer Support Coalition (VSPSC)
Ventura County Peer Support Coalition Members:

- Children and Family Services
- Ventura County Fire Department
- Oxnard Fire Department
- Ventura County Sheriff’s Department
- Ventura County Probation Department
- Oxnard Police Department
- Simi Valley Police Department
- Ventura Police Department
- Dispatch & EMS
- Medical Examiner Office
- District Attorney
Current and Future State

- January-July 2019 Resiliency Support Group Attendance - 77 Staff
- Peer Support Statistics

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<th>Year</th>
<th>Staff</th>
<th>Hours</th>
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<td>2018</td>
<td>241</td>
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<table>
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<th>Year</th>
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<td>2019</td>
<td>267</td>
<td>265</td>
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Peer Support Topics

- Work Related Stress: 46%
- Family/Children: 29%
- Critical Incidents: 9%
- Bereavement: 9%
- Mental Health: 3%
- Spiritual/Religious: 1%
- Medical/Disability: 1%
- Individual Growth: 1%

DV: 1%
Hope Assisted-Animal Crisis Response Dogs
Peer Support Team

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  E-mail: Carmen.Franco@ventura.org

• Shelley Townley- Phone: 805-701-9663
  E-mail: Shelley.Townley@ventura.org

• Taryn Massey- Phone: 805-385-9157
  E-mail: Taryn.Massey@ventura.org

• Kate Andrews- Phone: 805-240-2723
  E-mail: Kate.Andrews@ventura.org
Peer Support Team