



IHSS Main Contact Lines by County (rev. 8/2024)

County	Phone	Website
Alameda	(510) 577-1800	https://www.alamedacountysocialservices.org/our-services/Seniors-and-Disabled/IHSS/In-Home-Supportive-Services
Alpine	(530) 694-2235	https://www.cdss.ca.gov/in-home-supportive-services
Amador	(209) 223-6550	https://www.amadorgov.org/services/social-services/in-home-supportive-services
Butte	(530) 538-7538 or (855) 398-8899	https://www.buttecounty.net/424/In-Home-Support-Services-IHSS
Calaveras	(209) 754-6448	https://publicauthority.calaverasgov.us/In-Home-Supportive-Services
Colusa	(530) 458-0280	https://www.countyofcolusaca.gov/618/In-Home-Supportive-Services
Contra Costa	(925) 229-8434	https://ehsd.org/elderly-disabled/in-home-supportive-services-ihss/
Del Norte	(707) 464-3191	https://www.co.del-norte.ca.us/In-HomeSupportiveServices
El Dorado	(530) 642-4800	https://www.eldoradocounty.ca.gov/Services/Assistance-Programs/Seniors/Senior-Services/In-Home-Support-Services-IHSS
Fresno	(559) 600-6666	https://www.fresnocountyca.gov/Departments/Social-Services/Adult-Services/In-Home-Supportive-Services
Glenn	(530) 865-6164	https://www.countyofglenn.net/government/departments/health-human-services/social-services/adult-services/ihss
Humboldt	(707) 476-2100 or (866) 527-8614	https://humboldtgov.org/502/In-Home-Supportive-Services
Imperial	DSS main line: (760) 337-6800	https://www.imperialcountysocialservices.org/aging-and-disability-services
Inyo	(760) 873-6364	
Kern	(661) 868-1003	https://www.kerncounty.com/government/aging-adult-services/services/in-home-supportive-services
Kings	(559) 852-4467	https://www.countyofkingsca.gov/departments/health-welfare/human-services-agency/adult-services-in-home-supportive-services-ihss/in-home-supportive-services-ihss
Lake	(707) 995-4680	https://www.lakecountyca.gov/783/In-Home-Supportive-Services-IHSS
Lassen	(530) 251-8158	https://www.lassencounty.org/dept/adult-services/home-supportive-services
Los Angeles	(888) 944-4477 or (213) 744-4477	https://dpss.lacounty.gov/en/senior-and-disabled.html
Madera	(559) 662-2600	https://www.maderacounty.com/government/social-services/adult-services
Marin	(415) 473-4636	https://www.marinhhs.org/home-supportive-services-ihss
Mariposa	1 (833) 423-0816	https://www.mariposacounty.org/278/In-Home-Supportive-Services-IHSS

Mendocino	(707) 463-7900 or (707) 456-3700	https://www.mendocinocounty.gov/departments/social-services/adult-aging-services/in-home-supportive-services
Merced	(209) 385-3105	https://www.countyofmerced.com/1488/In-Home-Supportive-Services-Referrals
Modoc	Adult Services- (530-233-6501)	
Mono	Main DPSS line- (760) 924-1770	https://www.monocounty.ca.gov/social-services/page/home-supportive-services
Monterey	(831)755-4466	
Napa	(707) 253-3818	https://www.countyofnapa.org/187/In-Home-Supportive-Services
Nevada	(530) 265-1639	https://www.nevadacountyca.gov/984/In-Home-Supportive-Services-IHSS
Orange	(714) 825-3000	https://ssa.ocgov.com/elderdisabled-home-services/home-supportive-services
Placer	(530) 889-7115	https://www.placer.ca.gov/2339/In-Home-Supportive-Services-IHSS
Plumas	DPSS main line: (530) 283-6350	https://www.plumascounty.us/238/Adult-Services
Riverside	(888) 960-4477	riversideihss.org
Sacramento	(916) 874-9471	https://dcfas.saccounty.net/SAS/Pages/In-Home-Supportive-Services/SP-In-Home-Supportive-Services.aspx
San Benito	(831) 634-0784	https://hhsa.cosb.us/children-and-adult-services/
San Bernardino	(877) 800-4544	https://hss.sbcounty.gov/daas/IHSS/default.aspx
San Diego	(800) 339-4661	https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/Services/In-Home-Supportive-Services.html
San Francisco	(415) 355-6700	https://www.sfhsa.org/services/disability-aging-services/home-care/home-supportive-services-ihss
San Joaquin	(209) 468-1104	https://www.sjchsa.org/Services/Aging-and-Community-Services/In-Home-Supportive-Services-IHSS
San Luis Obispo	(805) 461-6110 (805) 474-2103	https://www.slocounty.ca.gov/departments/social-services/adult-services/services/in-home-supportive-services-(ihss)-program
San Mateo	1 (800) 675-8437	https://www.smchealth.org/home-supportive-services
Santa Barbara	(805) 681-4550	https://www.countyofsb.org/3606/In-Home-Supportive-Services-IHSS
Santa Clara	(408) 792-1600 or (408) 792-1837	https://ssa.santaclaracounty.gov/supportive-services/in-home-supportive-services
Santa Cruz	(831) 454-4101 or (831) 763-8800	https://santacruzhumanservices.org/AdultLongTermCare/In-HomeSupportiveServices-CountyofSantaCruz
Shasta	(530) 225-5507	https://www.shastacounty.gov/health-human-services/page/home-supportive-services
Sierra	(530) 993-6720	https://www.sierracounty.ca.gov/428/In-Home-Supportive-Services-IHSS-Program
Siskiyou	(530) 841-4200	https://www.co.siskiyou.ca.us/acs/page/home-supportive-services
Solano	(707) 784-8259	https://www.solanocounty.com/depts/hss/odas/ihss_overview.asp

Sonoma	(707) 565-4636	https://sonomacounty.ca.gov/health-and-human-services/human-services/older-adults-people-with-disabilities/in-home-care
Stanislaus	Adult Services Main Line (209) 558-2500	https://www.csa-stanislaus.com/adult-services/index.html#_ihss
Sutter	(530) 822-5990	https://www.suttercounty.org/government/county-departments/health-and-human-services/adult-services-branch/adult-social-services/in-home-supportive-services-for-ihss-recipient
Tehama	(530) 527-4836	https://www.tcdss.org/index.php/adult-services#IHSS
Trinity	(530) 623-8209	https://www.trinitycounty.org/IHSS
Tulare	(559) 623-0600	https://tchhsa.org/eng/human-services/in-home-supportive-services-ihss/
Tuolumne	(209) 533-5711	https://www.tuolumnecounty.ca.gov/280/In-Home-Supportive-Services
Ventura	(805) 654-3260 or (805) 306-7935	https://www.ventura.org/human-services-agency/in-home-supportive-services-recipient
Yolo	(530) 661-2955 or (916) 375-6200 x2955	https://www.yolocounty.gov/government/general-government-departments/health-human-services/adults/in-home-supportive-services
Yuba	(530) 749-6471	https://www.yuba.org/departments/health and human services/i want to apply for.php