



Integrating
Fatherhood and Motherhood
Programs
in Human Services

Presented by: Merced County Human Services Agency



#### Presented by:

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#### Demographic Profile

- The County is 1,934.97 square miles with a culturally and ethnically diverse population of 266,353
- Approximately one-third of the residents live in the city of Merced, with the remainder in 5 incorporated and 12 unincorporated small cities or in a rural area
- Though the region is the worlds most productive agriculturally area, it is severely economically depressed.

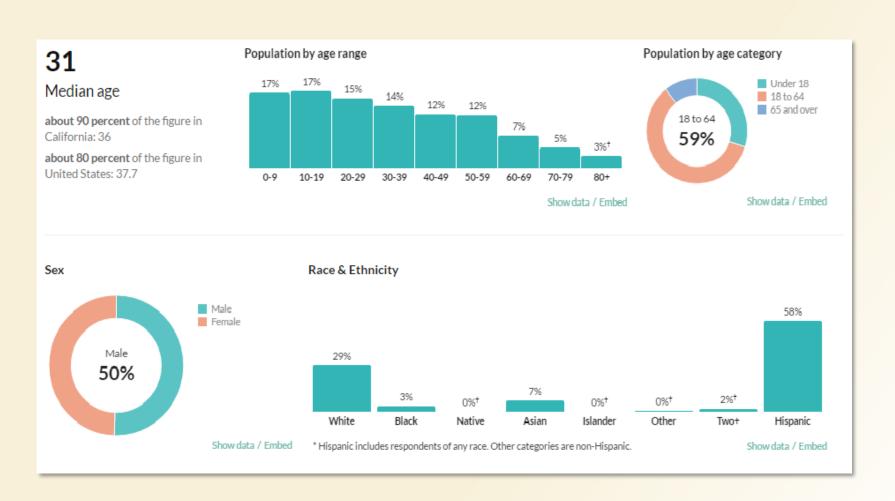


- Merced County ranks among California's lowest in several key socioeconomic indicators
  - Low income
  - Under educated population
  - Lack of affordable housing
  - Drug and alcohol abuse
  - High crime rate
  - Families under extreme stress
  - High unemployment



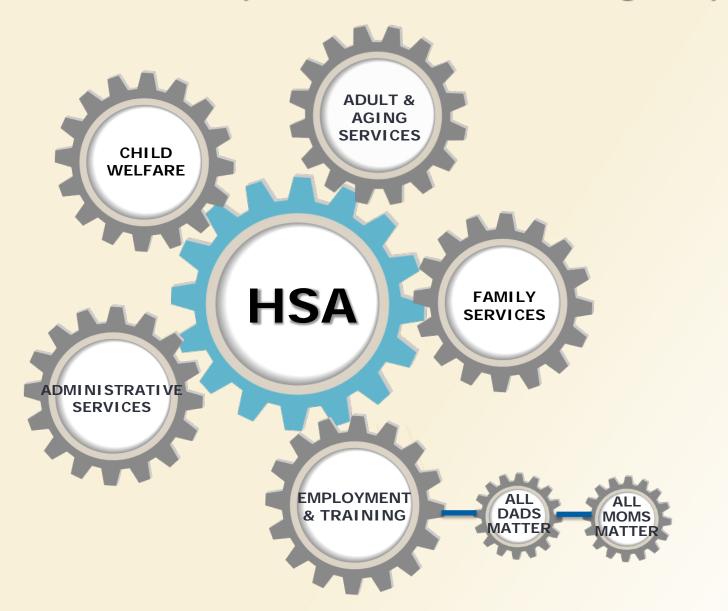
- Merced's 2015 unemployment rate was 11.4%
- California's 2015 annual unemployment rate was 6.2%
- U.S. Census Bureau show 25.4% of population living at or below poverty level in Merced County
- U.S. Census Bureau shows 16.4% of Californians live at or below poverty level





- Merced County is a majority/minority population
- Hispanic or Latino persons make up the majority of the population, and over 50% of the population speaks a language other than English at home
- Merced County is also home to a large Southeast Asian population specifically about 9,000 Hmong and Mien residents
  - They came to Merced County as refugees of the Vietnam and Secret War in Laos in the mid to late 80's
  - Many first generation Southeast Asians are monolingual, and Hmong is a threshold language in Merced

#### Merced County Human Services Agency



#### Merced County Human Services Agency

Programs	Families/Individuals		
Medi-Cal	55,000 / 110,000		
CalFresh	25,000 / 58,000		
CalWorks	7,500 / 19,000		
Foster Care	500		
Aid for Adoption	770		
IHSS	2,800		
Adult Protective Services	300		
Child Welfare Services	1,500		
General Assistance	90		
Employment & Training	2,400		

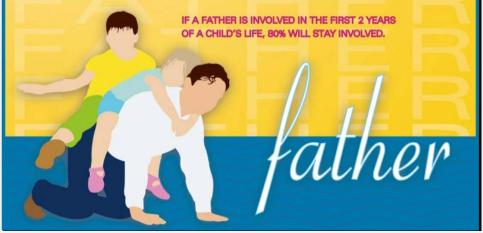




- Children without their fathers involved are 10 times more likely to be extremely poor
- 85% of prisons inmates come from fatherless homes
- 90% of homeless and runaways come from homes without fathers
- 83% of suicide victims come from homes with no father
- 70% of juvenile offenders come from fatherless homes
- 71% of High School dropouts come from fatherless homes
- 63% of youth suicides come from homes without a father
- 85% of children exhibiting behavioral disorders come from homes without a father

#### CONSEQUENCES OF FATHER ABSENCE FOR CHILDREN\*

- 77% greater chance of being physically abused
- 87% greater risk of being harmed by physical neglect
- 165% great chance of experiencing notable physical neglect
- 74% greater risk of suffering from emotional neglect
- 80% greater risk of suffering serious injury as a result of abuse overall
- 120% greater risk of being endangered by some type of child abuse



Agency Mission: To build strong healthy families and improve the quality of life in the community

## **Early Fatherhood Efforts**

- Community awareness and support
- 2000 Merced County Fatherhood Coalition was founded
- First "Father of the Year" essay contest was lead by Paul Lundberg in 2002
- Merced County HSA started offering Boot Camp for New Dads in 2004
- All Dads Matter officially started in 2005
  - All Moms Matter started in 2013



# To ensure every child a competent, loving and involved father from birth.

#### All Dads Matter Resource Center















#### **Boot Camp for New Dads**

- One time 3 hour workshop
- Workshop Topics include:
  - Hour 1 Communication
  - Hour 2 Hands on Experience
  - Hour 3 Safety, Helping Moms
- Facilitated by Boot Camp for New Dads Coach
- Rookie Dads are mentored by Veteran Dads
- Rookie Dads are men who are expecting their first child
- Veteran Dads are Dads with a child under the age of 6 months



# **Boot Camp for New Dads**





## Men's Group

- Tuesday and Thursday Nights (6:00 pm–8:00 pm)
- Monday Night (5:30 pm 7:30 pm) Spanish
- Facilitated by an LCSW and ADM Staff





## Men's Group

- Defining a Fathers Role and Responsibility
- Time Management
- Effective Communication
- Family Finance
- Ages and Stages
- Critical Thinking
- Skill Building in "Communicating Emotions"
- Identifying characteristics of "Low Self Esteem"
- Recognizing Responsibility for Emotions
- Correlation between Addiction and Violence
- Managing Depression



#### Celebration of Fatherhood







# Male Engagement Activities



# Man Plays With Food





## Men & Kids Moving & Learning



Free Workshop un taller gratis

#### REGISTER TODAY REGISTRESE HOY

To learn **FUN** physical activity ideas you can do **as a family**Para aprender ideas DIVERTIDAS de actividades físicas que pueden hacer COMO FAMILIA

# GET UP GET MOVING AND GET READY TO GET PHYSICAL! ILEVÁNTENSE A MOVERSE Y PREPÁRENSE A SER ACTIVOS!

Participants will be taught creative ways to increase their families physical activity levels

Los participantes aprenderán maneras creativas de aumentar el nivel de actividad física de sus familias.

date fecha: Wednesday, March 5th

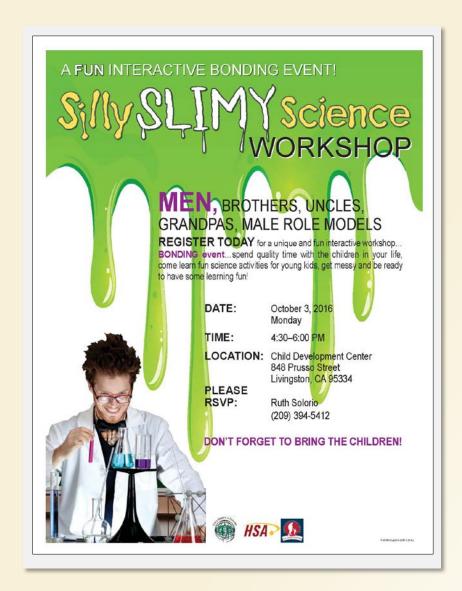
time hora: 5:00 pm

**location** lugar: Fairside Head Start

655 G Street, Merced, CA 95341

**ISVP** srr: Kim Ortega (209) 381-5185 ext. 6958

## Silly Slimy Science



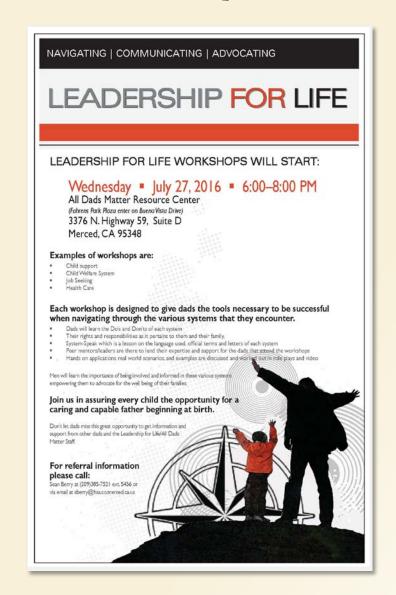
# **Guys Digging Dirt**



## Fall Gardening Festival



## Leadership for Life



#### Leadership for Life

- Our Mission: To assist and support fathers to successfully navigate the systems available to them in order to provide a safe, secure and encouraging environment for themselves and their children.
- Our Vision: To instill a belief in the possibility of societal success then to facilitate that transition



#### What Dads are invited to do here...

- Receive Honest Information and Peer Support in all the "All Dads Matter" way
- Join other dads in hands-on application sessions
- View interactive scenarios and practice communicating
- Discuss Hot Tips:
  - System Speaks: know what official terms and acronyms mean
  - Rights and Responsibilities-opportunities and expectations for you and your children
  - Do's and don'ts-helpful suggestions to successfully advocating for you and your children

## Workshop Topics

- Build your own Tool Box
- Successful Job Seeking
- Accessing Health Care
- Navigating Child Welfare
- Rights and Responsibilities related to custody, paternity and child support
- Dress for Success
- Health, Nutrition and Recreation
- Understanding the Education System (Children and Adult)
- Field Trips: Family Court, Human Services Agency, WorkNet

#### Leadership for Life Probation

- Build your own Tool Box
- Target Population: AB109 participants
- Topics Modified to meet the needs of recently incarcerated
- Facilitated by Peers (former Inmates) trained by All Dads Matter
- Success Rate: 60% graduation rate

## All Dads Matter Men's Group

July 2015	68
August 2015	55
September 2015	43
October 2015	40
November 2015	44
December 2015	42
January 2016	35
February 2016	44
March 2016	54
April 2016	51
May 2016	64
June 2016	59
Total	599

## **Boot Camp for New Dads**

July 2015	11
August 2015	17
September 2015	3
October 2015	8
November 2015	10
December 2015	5
January 2016	9
February 2016	7
March 2016	13
April 2016	21
May 2016	4
June 2016	9
Total	117

## Leadership for Life

July-15	24
August-15	0
September-15	18
October-15	30
November-15	18
December-15	0
January-16	19
February-16	33
March-16	43
April-16	56
May-16	48
June-16	0
Total	289

<sup>2 – 10-</sup>week cohorts at HSA per year

<sup>12 – 10-</sup>week cohorts at Probation per year

# Male Engagement Activities School Year 2015/2016

October 2015	179
November 2015	93
December 2015	0
January 2016	39
February 2016	28
March 2016	72
Total	411

18 Head Start sites and elementary schools throughout Merced County



Ensuring children reach their full potential by providing moms essential tools to cultivate a future of great possibilities.

## All Moms Matter History

- All Moms Matter was started in July 2013 with Boot Camp for New Moms
- Support Group started in July 2014
- Teen Support Group started in February 2016

## Services

- Support and Engagement
- Workshops
- Lactation Information with a Certified Consultant

## Support and Engagement

- All Mom's Matter Support Group
- Teen Support Group
- Jesus Mary Joseph (JMJ) Maternity Homes Support Group
- Women's Engagement Activities
- Direct One-on-One Services
- Different locations:
  - Meeting the community where they are

## **Boot Camp for New Moms**

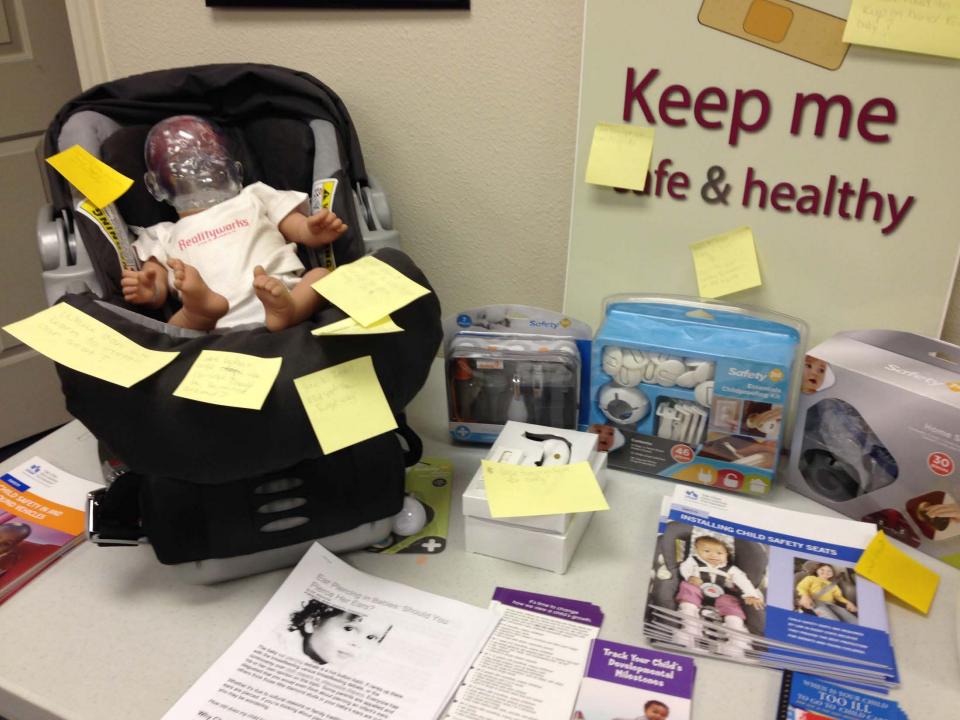




## **Boot Camp for New Moms**

Three-hour workshop facilitated by mothers. Utilizing a one-on-one approach, veteran mothers orient rookie moms who are expecting a baby. We provide information on a variety of topics and any other questions expecting mother's may have regarding pregnancy, labor or infancy. We also have stations set up to demonstrate activities of daily living with infants.





## **Boot Camp Locations**

- All Moms Matter (AMM) Office
- Women Infant and Children (WIC)
- Dignity Health
- Human Services Agency (HSA) Cafeteria



## **Boot Camp for New Moms**











## All Moms Matter Support Group

- Offer a safe environment for mothers to discuss issues relating to motherhood, parenting, and relationships. Additionally, the groups provide support and encouragement on stages of child development, discipline, communication, accountability, and responsibility.
- Anger management
- Aggressive vs. Assertive communication styles
- Advocating for ourselves and our children in various systems
- Unhealthy vs. Healthy relationships
- Addressing our own needs including mental physical, spiritual and emotional
- Parenting special needs children
- Self-esteem and self-confidence

## Teen Support Group

- Offer a safe environment within a school setting for teenage mothers to discuss issues relating to motherhood, parenting, relationships and life skills while they continue to pursue an education.
- Offered at continuation high school
- Collaboration with Cal Learn program

## Jesus Mary Joseph (JMJ) Maternity Homes

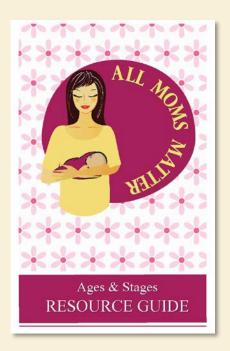
- Our support group at Mary's Mantle is a 6 week topic driven group focusing on these topics:
  - System Speak and Navigation
  - Communication and Relationships
  - Building Natural Support Systems
  - Creating Smart Goals
  - Parenting and life skills
  - Money Management and Housing

### Direct One-on-One Services

 All Mom's Matter provides one on one supportive services for mothers. We complete home visits; biopsychosocial assessments; progress reports for court ordered participation as well as providing moral support. We provide lactation information and consultation; as well as providing resources to mothers.

## Workshops

- Ages & Stages Workshop
- Child Nutrition
- Child Car and Home Safety
- Self Care
- Healthy Family Relationships



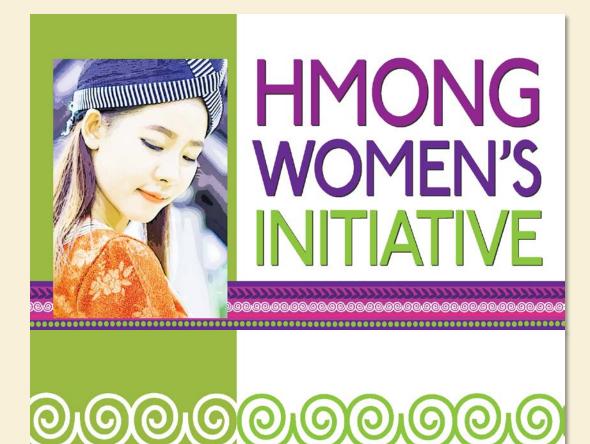


## **Boot Camp for New Moms**

July 2015	17
August 2015	15
September 2015	9
October 2015	13
November 2015	5
December 2015	О
January 2016	9
February 2016	8
March 2016	9
April 2016	13
May 2016	10
June 2016	36
Total	144

## All Moms Matter Support Group

July 2015	26
August 2015	27
September 2015	38
October 2015	37
November 2015	26
December 2015	22
January 2016	24
February 2016	36
March 2016	65
April 2016	47
May 2016	61
June 2016	73
Total	482



To provide Hmong women with the knowledge and skills necessary for the safety, self-sufficiency, and well-being of themselves, their children and family.

## Services

- Monthly workshops on diverse topics such as the Affordable Care Act, professional development, emotional well-being, family communication, parenting, women's reproductive health and wellbeing.
- Boot Camp for New Moms
- Support Group
- Women's Conference
- All services are offered in Hmong, in a sensitive manner that honors Hmong cultural values and history

## Monthly Workshops

Hmong Women's Initiative presents

## FAMILY WELL-BEING WORKSHOPS

The Merced County Human Services Agency and Valley Crisis Center are pleased to offer a series of Family Well-Being workshops to help build strong, healthy families.

**COME LEARN** about educational and vocational training opportunities in Merced County. The information from experts may give you an upper hand in preparing for education and career advancement.

Examples of some of the available programs: Computer and Office Technology, Medical Assistant Program, Automotive Technology, Electronics/Electrical Studies, Welding, and many more.

For **CHILDREN**, workshops will include fun activities such as arts and crafts, group discussions on violence prevention, bullying, and gender equality. Children will meet in the Cafeteria.

The series will be conducted in Hmong and English.

#### LOCATION

Merced County Human Services Agency
Employment & Training Room 106 (Adults)
Cafeteria (Children)

2115 W. Wardrobe Avenue, Merced

TIME: 5:30-7:00 PM

### DATE: Wednesday, July 13th

#### For more information contact:

Palee Moua (209) 385-3000 extension 5583 or (209) 631-9511







WARDROBE AVE.

## **Boot Camp for New Moms**



# BOOT CAMP For NEW MOMS

Boot Camp for New Moms is a two-hour workshop facilitated by mothers, Utilizing a one-to-one approach, veteran mothers and their babies orient rookle moms who are expecting their first baby.

The rookies watch the veterans feed, burp, change, and care for their babies while exchanging experiences and advice. A strong sense of solidarity quickly develops as women talk honestly and openly about what it's like to be a morn. Veterans and rookies discuss pregnancy, parenting, support, depression, relationships, and anxiety, over the enormous adjustment and challenges of becoming a mother.

WHEN: Thursday, June 16th

TIME: 5:30-7:30 pm

Merced County Human Services Agency

Cafeteria

2115 W. Wardrobe Avenue

Merced, CA 95341

For more information call:

Palee Moua: (209) 385-3000 Ext. 5583

Cell: (209) 631-9511

WHERE:



### CHAW KAWM TAU COV LEEJ NIAM YUAV YUG ME NYUAM MOS THAWJ ZAUG

Muaj cov leej niam uas twb paub thiab txawj los qhia rau cov poj niam uas yuav los so es tu me nyuam mos thawj zaug kom lawv txawj tu lawv cov me mos ab thaum yug tau, cov leej niam paub lawm no yuav nrog tus poj niam cev xeeb tub tham tim ntsej tim muag ib leeg zuj zus thiab yuav siv caij ii 3 teev los ahia thiaj tiav.

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### TSO NPE HU RAU NOVI

ib leej niam zoo.

HU NROG **Palee Moua** tham ntawm: (209) 385-3000 ext. 5583, cell: (209) 631-9511

MUAJ RAU HNUB TWG:

Yog hnub Thursday, rau hli ntu] thib 16

LUB SIJ HAWM TWG:

Thaum 5:30 txog 7:30 yav tsaus ntuj

### NYOB RAU QHOV TWG:

Nyob rau ntawm Merced County Human Services Agency hauv chav Cafeteria 2115 W. Wardrobe Avenue Merced, CA 95341

BOOT COMP FOR NEW MOMS IS B METCHO COUNTY HUMAN SERVICES PROFISM



## Hmong Women's Conference



SATURDAY

SEPTEMBER 17TH 2016

8:00 AM-2:30 PM

YOSEMITE CHURCH 2230 E. YOSEMITE AVE. MERCED, CA 95340

### KEYNOTE SPEAKER

### **BO THAO-URABE**

Member of the President's Advisory Commission of Asian Americans and Pacific Islanders, Network Director for Coalition of Asian American Leaders, Co-Founder and Chief Operating Officer for RedGreen Rivers.

Continental Breakfast and Lunch Provided

Limited Childcare Available

### To Register Email:

hmongwomeninitiative@hsa.co.merced.ca.us

#### For More Information Contact:

Pang Moua (209) 777-2510 Palee Moua (209) 385-3000 extension 5583 Cell: (209) 631-9511

















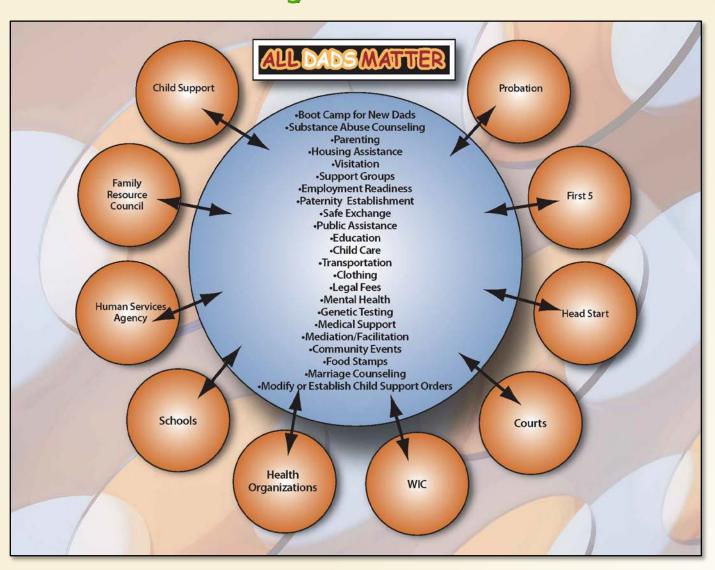


## Trauma Informed Approach

- ADM and AMM understand how trauma affect clients and families
- Staff are trained to recognize signs and symptoms of trauma in clients and staff: ACE Overcomers training, trauma informed building resilient communities convening, Children's Summit, Strengthening Families
- ADM will soon be trained in Helping Men Recover curriculum
- ADM and AMM avoid re-traumatization of clients
- Promoting well being and recovery



# All Dads Matter & All Moms Matter Systems



## **Key Partners**





























## Next Steps

- Hmong Men's Support Group
- Expansion of Male Engagement Activities to Elementary School Districts and High Schools
- Starting Women Engagement Activities
- Boot Camp for Teen Moms
- Partnerships with clinics and other health care providers
- Implementation of Trauma informed care curriculum for Men's Support Groups
- Expand overall services with the addition of staff



## **Program Evaluation**

- Boot Camp for New Dads has been reviewed by the California Evidence-Based Clearinghouse, but lacks the necessary research evidence to be given a scientific rating
- LTG Associates
  - Create a logic model and evaluation strategy plan
  - Design and implement evaluation tools, and report on ADM program



## Funding for ADM & AMM

• The All Dads Matter program is funded with a variety of funds depending on the participation make up of the sessions. Overall the program consists of 3 full time employees, and 2-4 part time employees, and one supervisor. The program costs approx \$ 450,000 annually. This includes costs associated with large events like Celebration of Fatherhood and Boot Camp for New Dads.



## Funding for ADM & AMM (continued)

### **Child Welfare Services:**

- 146-CWS Services
- 175-Family Preservation
- 515 PSSF Family Preservation
- 516 PSSF Family Supports
- 676 PSSF Family Reunification

### Welfare to Work:

- Components of Welfare to Work (supportive services)
- Family Stabilization
- CBCAP
- Wrap 163 Savings
- Generic



## Recognition

- Administration for Children and Families—Region 9
  - Robert E. (Bob) Garcia, Regional Administrator, Region 9 (San Francisco)
- National Responsible Fatherhood Clearinghouse <u>https://www.fatherhood.gov/</u>
- California Department of Social Services
  - Office of Child Abuse Prevention



## Recognition (continued)

- 2008 California Association of Counties (CSAC) Innovative Program of the Year
- 2010 Harvard University School for Human Services Bright Idea Award
- 2012 Presidents Award for Volunteer Service for Cesar Vera and Lamar Henderson
- 2013 California Association of Counties (CSAC) "Smart Justice" Recognition for the Leadership for Life program
- 2014 California State Department of Child Support "Positive Collaboration" Award

## Recognition (continued)

- Published Articles Emotional & Behavioral Disorders in Youth
  - Supporting Youth to Experience the Benefits of Fatherhood Involvement: Implications for Child-Serving Professionals
    - Lamar Henderson, All Dads Matter
    - Stacey M. Cornett, MSW, LCSW Senior Director of campusbased services at the Children's Home of Cincinnati
- Guest Panelist National Responsible Fatherhood Clearinghouse webinar:
  - Understanding Trauma-Informed Programming: A Primer for Responsible Fatherhood Program
    - Lamar Henderson, All Dads Matter
    - Derrick M. Gordon, Ph.D. The Consultation Center Yale University School of Medicine
    - Kerri Pruitt Executive Director The Dannon Projectd









## Questions / Comments









Contact us: 209-385-7521