SAN DIEGO COUNTY’S AGING ROADMAP & AGING INITIATIVES

County Welfare Directors Association of California, October 2020
Projected Growth of Older Adults

Growth in the Older Adult Population (Age 55+), San Diego County, 2010-2030


Prepared by: County of San Diego, Health and Human Services Agency, Public Health Services, Community Health Statistics Unit, 2019.
Aging Roadmap

The goal of the Aging Roadmap is to create supportive and inclusive communities where people of all ages and abilities have the opportunity to thrive.
Alignment with Master Plan for Aging

- Long-term Services & Supports
- Economic Security & Safety
- Health & Wellbeing
- Livable Communities & Purpose
VISION: Caregivers have access to the supports and resources necessary to provide responsive and manageable care to older adults, while also tending to their own well-being.

- Respite Voucher Program
- Choose Well
“It means everything to me that I can care for him at home. . . . I wouldn’t want it any other way.”

- Alyce (Respite Care Client)
Choose Well provides a crucial insight into compliance and safety for consumers. The Choose Well Scoring Method is fair, objective, and provides a level playing field for RCFEs in San Diego County.

- Representative of St. Paul’s Senior Services
Safety

VISION: Older adults and persons with disabilities are safe in their homes and community.

- Take Me Home Program
Preparedness & Response

VISION: Older adults and their caregivers are prepared to be safe during disasters.

- Emergency Preparedness Guide
Silver Economy

VISION: A skilled and diverse workforce, with supporting technologies and products, supports healthy aging in our community. Older adults have opportunities to work and volunteer.

- Volunteer Opportunities for Older Adults during COVID-19
San Diego Senior Emergency Care Initiative

**VISION:** Care coordination among medical and social services provides proactive, seamless, prevention-focused, and responsive support.

- San Diego Senior Emergency Care Initiative
Social Participation

VISION: A range of social and community engagement opportunities for older adults to promote active living and enriching experiences across all age groups and generations.

- Intergenerational (IG) Programs
“As an older adult in my 80’s, I am grateful for the opportunity to interact and share personal stories and experiences with vibrant young college students. With mutual respect and curiosity, the technology of Zoom draws us out of our COVID-19 shelters to a wider virtual world to actively listen, learn and cross the generational bridges for a view into each other’s lives.”

- Chat Group Participant in Pilot IG Virtual
Health & Community Support

VISION: When changes and challenges in health occur, older adults and their families know how to find relevant resources, support, and care planning in their community.

- Meeting Food Needs During COVID-19
- San Diego Oasis Technology Fair
“The day was exceptional--As a hesitant boomer, with little understanding of tech, I have neglected this important area of life. . . . I now feel more confident of my 'baby step' mastery of the use of my iPhone.”

- Technology Fair Participant
VISION: A livable community with safe, affordable, accessible, and reliable transportation.

- AARP Community Challenge Grant in El Cajon
Housing

VISION: Safe and affordable housing that is located near goods, services, and activities, and allows older adults to age in their community.

- Accessory Dwelling Unit (ADU) Symposium
- Home Safe Grant
Dementia-Friendly

VISION: Individuals with dementia live as independently as possible and are welcomed to participate in community life.

- 250 Dementia Friends trained
AIM: Address the devastating toll of Alzheimer’s disease and related dementias in San Diego County.
Alzheimer’s Response Team - ART

- Crisis prevention
- Crisis response
San Diego County is Leading the Way

- Healthy Brain Learning Collaborative
- Healthy Brain Initiative Grant
Looking Ahead
Aging Roadmap