

It Begins with Trust

Shasta County Nurse-Family Partnership



Health and Human
Services Agency



Shasta County ...

- Population: <200,000 people
 - 26% of families with children under 5 are in poverty
 - 60% of births are Medicaid/Medi-Cal funded
- Nurse Home Visiting History





Shasta County Health and Human Services Agency

- Board of Supervisors authorizes in June 2006
- Consists of Children's Services, Adult Services, Public Health, and Regional Services Branches
- MIECHV funds established Shasta County NFP in April 2012



Shasta County Health and Human Services Agency: Regional Services Branch

- Regional offices
 - **Customer Service Center**
 - **Eligibility and Employment services**
- Women, Infants, and Children (WIC) nutrition program
 - CalWORKs Behavioral Health Team
- Perinatal alcohol and drug treatment
 - Housing Support Services
 - **Nurse-Family Partnership (NFP)**
 - Community Health Advocates
 - Opportunity Center
- Information and referrals to HHS and community programs
 - Breastfeeding Support





Shasta County Nurse-Family Partnership is...

- An evidence-based, community health program
- Transforming lives of vulnerable first-time mothers living in poverty
- Improving prenatal care, quality of parenting and life prospects for mothers by partnering them with a registered nurse





Nurse-Family Partnership Program Eligibility Requirements

- Be less than 28 weeks pregnant
- Have no previous live births
- Be low income (185% FPL)
- Live in target area: *Redding, Anderson, Shasta Lake, Burney, Fall River Mills, Round Mountain, Montgomery Creek*





There is a magic window during pregnancy...it's a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse."

David Olds, Ph.D., Founder,
Nurse-Family Partnership



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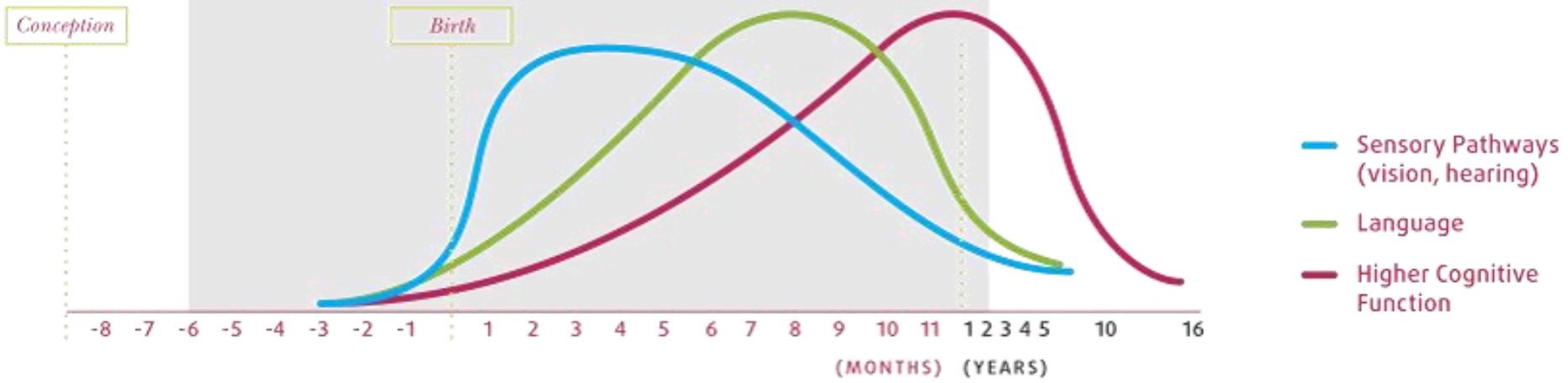
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Prenatal through Infant Age 2

30-Month Period—Area of Focus



Source: Nelson, C.A., *From Neurons to Neighborhoods* (2000).
Shonkoff, J. & Phillips, D. (Eds.)



About Nurse-Family Partnership in Shasta County



Program Enrollment runs between 90-95% funded capacity

We've had 1023 referrals total to the program with 607 eligible referrals and 71% of those have enrolled.

Referrals Are Key:

65% WIC; 13% Healthcare Providers/Clinics; 7% Self; 5 % School; 3% other HHSA (Medicaid, TANF, other)

- New Referral Sources: Partnership Healthcare Plan, Probation/Judicial System, Mental Health and Children and Family Services**



https://www.youtube.com/watch?v=_iRbMqjlhJw



HomeStory





NFP Outcomes

48% reduction in child abuse and neglect

56% reduction in ER visits for accidents and poisoning

59% reduction in arrest of children at 15

67% less behavioral and intellectual problems in children at age 6

75% of NFP mothers have not had a subsequent pregnancy at 24 months

87.9% of children were up to date with immunizations by 24 months

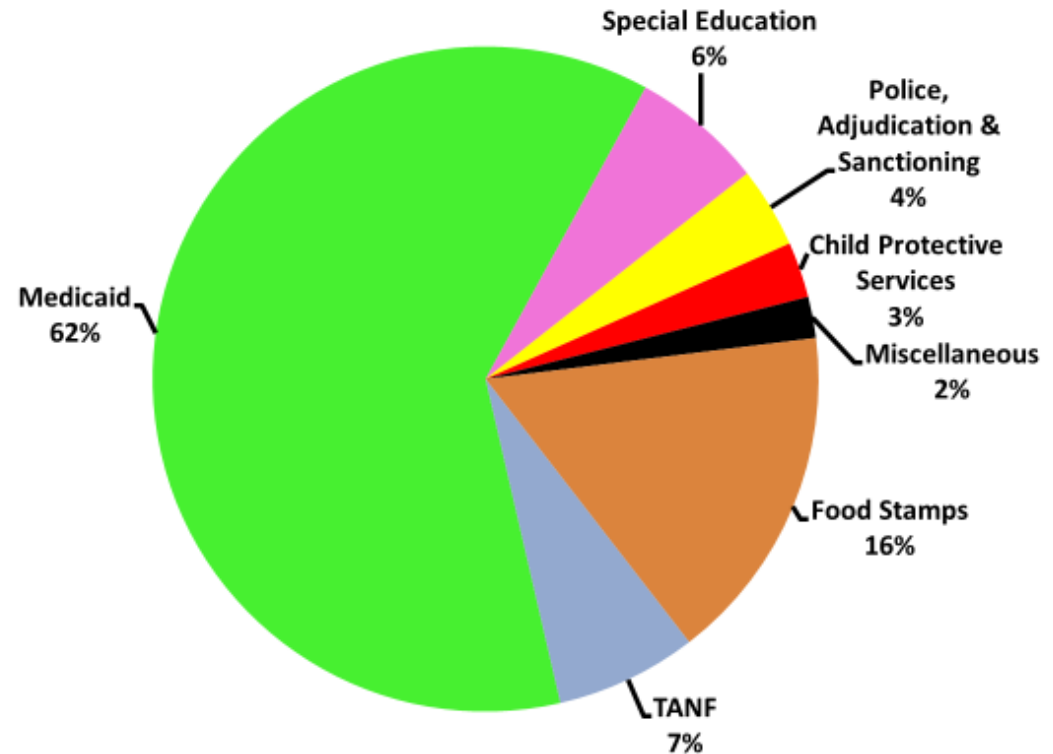
20% reduction in months on welfare

68% increase in father's presence in households



Distribution of Government Savings from Nurse-Family Partnership

- **4.1-1** benefit-cost ratio for every \$1 invested in NFP in California
- **\$57,947:** NFP total benefits to society for every family served
 - \$29,912 in state & federal cost savings
 - \$28,835 in societal benefits (gains in work, wages & quality of life)





Program Successes

- *Creation of the PHAB NFP Subcommittee*
- *Have been able to build excellent relationships with community partners*
 - *Probation through the Proud Parenting Grant*
 - *Shasta Head Start with coordination and collaboration services (MOU)*





Program Successes continued

- *Efficient referral screening intake process*
- *Hiring of Public Health Nurses*
- *Retention of nurses are key*
- *Maintain at least 90% of funded capacity*





Funding of Services

California Home Visiting Program (CHVP) - Maternal, Infant and Early Childhood Home Visiting Program (federal funds ACA 2010)

Board of State and Community Corrections – Proud Parenting Grant (BSCC-PPG)

Medicaid/Managed Care Reimbursement; Title V/Maternal & Child Health; TANF/Public Welfare; Tobacco Settlement; Private Philanthropy





Our Mission:

Empower first-time mothers living in poverty to successfully change their lives and the lives of their children through evidence-based nurse home visiting.

Our Vision:

Children are healthy. Families thrive. Communities prosper. Cycles are broken.





For More Information

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YouTube



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