It Begins with Trust

Shasta County Nurse-Family Partnership
Shasta County …

- Population: <200,000 people
  - 26% of families with children under 5 are in poverty
  - 60% of births are Medicaid/Medi-Cal funded

- Nurse Home Visiting History
Shasta County Health and Human Services Agency

- Board of Supervisors authorizes in June 2006
- Consists of Children’s Services, Adult Services, Public Health, and Regional Services Branches
- MIECHV funds established Shasta County NFP in April 2012
Shasta County Health and Human Services Agency: Regional Services Branch

- Regional offices
- Customer Service Center
- Eligibility and Employment services
- Women, Infants, and Children (WIC) nutrition program
- CalWORKs Behavioral Health Team
- Perinatal alcohol and drug treatment
- Housing Support Services
- Nurse-Family Partnership (NFP)
- Community Health Advocates
  - Opportunity Center
- Information and referrals to HHSA and community programs
- Breastfeeding Support
Shasta County Nurse-Family Partnership is…

• An evidence-based, community health program

• Transforming lives of vulnerable first-time mothers living in poverty

• Improving prenatal care, quality of parenting and life prospects for mothers by partnering them with a registered nurse
Nurse-Family Partnership Program Eligibility Requirements

- Be less than 28 weeks pregnant
- Have no previous live births
- Be low income (185% FPL)
- Live in target area: Redding, Anderson, Shasta Lake, Burney, Fall River Mills, Round Mountain, Montgomery Creek
There is a magic window during pregnancy…it’s a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse."

David Olds, Ph.D., Founder, Nurse-Family Partnership
Prenatal through Infant Age 2

30-Month Period—Area of Focus

Conception

Birth

Program Enrollment runs between 90-95% funded capacity

We’ve had 1023 referrals total to the program with 607 eligible referrals and 71% of those have enrolled.

Referrals Are Key:
65% WIC; 13% Healthcare Providers/Clinics; 7% Self; 5% School; 3% other HHSA (Medicaid, TANF, other)

• New Referral Sources: Partnership Healthcare Plan, Probation/Judicial System, Mental Health and Children and Family Services
NFP Outcomes

- 48% reduction in child abuse and neglect
- 56% reduction in ER visits for accidents and poisoning
- 59% reduction in arrest of children at 15
- 67% less behavioral and intellectual problems in children at age 6
- 75% of NFP mothers have not had a subsequent pregnancy at 24 months
- 87.9% of children were up to date with immunizations by 24 months
- 20% reduction in months on welfare
- 68% increase in father’s presence in households
Distribution of Government Savings from Nurse-Family Partnership

- **4.1-1** benefit-cost ratio for every $1 invested in NFP in California

- **$57,947**: NFP total benefits to society for every family served
  - $29,912 in state & federal cost savings
  - $28,035 in societal benefits (gains in work, wages & quality of life)
Program Successes

• Creation of the PHAB NFP Subcommittee

• Have been able to build excellent relationships with community partners
  
  • Probation though the Proud Parenting Grant

  • Shasta Head Start with coordination and collaboration services (MOU)
Program Successes continued

- Efficient referral screening intake process
- Hiring of Public Health Nurses
- Retention of nurses are key
- Maintain at least 90% of funded capacity
Funding of Services

- **California Home Visiting Program (CHVP)** - Maternal, Infant and Early Childhood Home Visiting Program (federal funds ACA 2010)

- **Board of State and Community Corrections** – Proud Parenting Grant (BSCC-PPG)

- Medicaid/Managed Care Reimbursement; Title V/Maternal & Child Health; TANF/Public Welfare; Tobacco Settlement; Private Philanthropy
**Our Mission:** Empower first-time mothers living in poverty to successfully change their lives and the lives of their children through evidence-based nurse home visiting.

**Our Vision:** Children are healthy. Families thrive. Communities prosper. Cycles are broken.
For More Information

Denise Hobbs RN, PHN
Shasta County Nurse-Family Partnership
1670 Market Street, Suite 300
Redding, CA 96001
530-225-5394

www.nursefamilypartnership.org