In-Home Behavioral Supports

AN INTRODUCTION TO SERVICES SUPPORTING CAREGIVERS & RESOURCE PARENTS DESIGNED TO INCREASE CAPACITY AND SUPPORT TO FAMILIES AND IMPROVE OUTCOMES FOR CHILDREN AND YOUTH IN OUR CHILD WELFARE SYSTEM.
Introduction...

- **Presenters:**
  - Diana Boyer – Senior Policy Analyst, County Welfare Directors Association
  - Tracy Schiro – Assistant Director, San Luis Obispo County Department of Social Services
  - Jim Roberts – Founder/CEO, Family Care Network, Inc.
  - Jon Nibbio – Director of Clinical Services/COO, Family Care Network, Inc.
Overview…

- **Background & Overview**: Diana Boyer

  - This webinar is being recorded and will be posted afterward at [http://calswec.berkeley.edu/continuum-care-reform](http://calswec.berkeley.edu/continuum-care-reform)

- Major Changes and Opportunities:
  1. Continuum of Care Reform Effort (CCR) and AB 403 (Statues of 2015)
The San Luis Obispo County Experience…

- **Historical Overview**: Jim Roberts
  - **Children’s Services Network GOAL**: Reduce group home placements, keep kids in their community & keep kids in a family – preferably their own!
  - **Target Population – who do we serve?**
  - FCNI began to pioneer Therapeutic Foster Care (TFC) with in-home supports in the late 80’s: we used Social Work Staff, Interns, AmeriCorps, et cetera
  - Mid 90’s “Pre-Wraparound” Innovations: EMQ engagement & “WISH”
  - ITFC Implementation
  - TBS & IBS
  - SB 163 Wraparound
  - Specialty TFC Programs
    - Wraparound Foster Care, Crisis Stabilization Foster Care & Emergency Shelter Care
  - Katie A – IHBS
The San Luis Obispo County Experience…

• **Historical Overview**: Tracy Schiro
  • Long-term value of IHBS
  • How IHBS is integrated into the county’s Children’s Continue of Care
  • San Luis Obispo County’s unique public-private collaborative model
  • SLO’s effective use of Child/Youth & Family Teams
  • The role of the county' Interagency Placement Committee
  • Probation integration & involvement
The San Luis Obispo County Experience…

• **The Importance & Value of IHBS:** – Jim Roberts
  • It is essential for Home-Based Services to be effective
  • Foster/Resource Parents aren’t superheroes – they need the support!
  • When integrated with effective Trauma-Informed Interventions, IHBS:
    • Improves & Stabilizes Foster child/youth behaviors
    • Promotes health & wellbeing
    • Prepares foster children/youth for a quicker move to permanency
    • It improves Resource Parent Recruitment & Retention
    • It adds a valuable resource to the CFT Planning & Services Delivery Process
    • It is a “Best-Practice” for effective Case Management
The San Luis Obispo County Experience…

• **What are the “Nuts & Bolts” of IHBS & How Does it Work:** – Jon Nibbio
  • Definition of IHBS
  • Children & Youth being served
  • How we use it in SLO County
  • Examples of IHBS Services not billable through MediCal (SB 163, ITFC & CWS funds)
  • Examples of IHBS Services billable through MediCal
  • What is a Rehabilitation Specialist?
  • What is the unique role of the Rehabilitation Specialist?
  • Who can provide IHBS Services?
  • IHBS Staff Supervision
The San Luis Obispo County Experience...

- **Staff Development/Training, Supervision & Support:** – Jon Nibbio
  - **Training** – Family Care Network Core Curriculum:
    - Confidentiality
    - Mandated Reporting
    - Stages of a Crisis/Suicide Prevention
    - Incident Reporting/CCL Regulation
    - Risk Management
    - Field Training Protocols
    - Trauma Informed Care and ERH (Emotional Regulatory Health)
    - Trauma Informed Interventions & Practical Application Required Trainings
    - Documentation
The San Luis Obispo County Experience…

- **Staff Development/Training, Supervision & Support:** – Jon Nibbio
  - **Training** – Family Care Network Core Curriculum:
    - Behavioral Interventions
    - Treatment Planning & Documentation
    - Documentation Standards & Case Notes
    - Medication Documentation
    - TFC Program Training
    - Transitional Aged Youth Services Programs
    - Therapeutic Behavior Services Program
    - Wraparound Program
The San Luis Obispo County Experience…

• **Staff Development/Training, Supervision & Support:** – Jon Nibbio
  
  • **Training** – Family Care Network Core Curriculum:
    ◦ PRO-ACT/PRO-ACT Restraint
    ◦ CPR/FA & Water Safety
    ◦ Professionalism
    ◦ Boundaries & Therapeutic Self Disclosure
    ◦ Mental Health
    ◦ Working with Parents/Caregivers to transfer skills
    ◦ Substance Abuse & Co-occurring Disorders
    ◦ CRM (Costumer Relations Management)
    ◦ Cultural Competency
    ◦ CSEC
The San Luis Obispo County Experience…

• **Foster/Resource Parent Supports:** – Jon Nibbio
  ◦ 24/7 staff & supervisory access
  ◦ Family Partner Support
  ◦ Access to 24/7 emergency assistance
  ◦ IHBS support 24/7
  ◦ Attend support group twice a month co facilitated by a Family Partner, a Social Worker or Program Supervisor
The San Luis Obispo County Experience…

- **The Positive Impact of IHBS Services, Outcomes & Successes**: – Jim Roberts
  - Anecdotally, we have tons of great stories, but...
  - Let’s look at the Family Care Network data:
    - **ITFC-based Programs** (excluding ITFC-Emergency Shelter)
      - Historically – 700+ served with a 87% success rate
      - 2014/15 – 35 served with a 90% success rate
    - **SB 163 Wraparound**
      - Historically – 1,152 youth/families served with a 93% success rate
      - 2014/15 – 135 youth/Family served with a 95% success rate
    - **TBS**
      - Historically – 1,044 youth/families served with 94% success rate
      - 2014/15 – 104 youth/families served with a 94% success rate
    - **MHSA-based Programs** – Historically, 454 youth/families, 91% success rate
The San Luis Obispo County Experience…

- **The Positive Impact of IHBS Services, Outcomes & Successes:** – Tracy Schiro
  - 70+% reduction in group home placements
  - Improved federal/636 outcome
  - Reduced placement moves
  - Quicker transition to permanency
  - Improved Resource Family recruitment
  - Improved Resource Family retention
  - Better foster parent risk management
The San Luis Obispo County Experience…

• **Strategies for Implementation**: -- Diana Boyer
  1. Work with State Partners to integrate IHBS into the rates structure
  2. County CWS/Probation partnerships with County Behavioral Health – contracts
  3. Identify other funding sources (Wrap/SB 163, MHSA, R/R/S funds, Realignment)
  4. Educate policy makers to ensure adequate funding for implementation
  5. Training – include trauma-informed care
  6. Family Care Network/SLO County conference training and small group workshops
For additional information contact:

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Questions?