My story of advocating for myself and my family

Angela Sutton



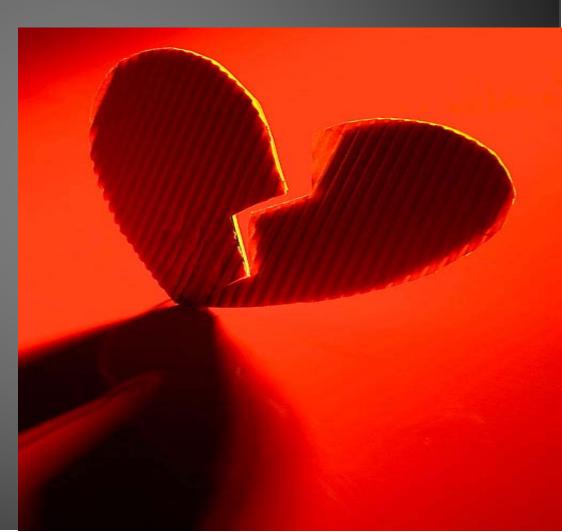
Center for Hunger Free
Communities
Drexel University School of Public Health



My life

I am a SURVIVOR of

- Rape
- Gun violence
- Homelessness
- Physical
- Verbal
- Emotional
- Psychical



crowding and poor housing



Broken heaters and a bad neighborhood



This is how we are living now!!!



We live in a clean house and a clean community!





Mission



To end the cycle of poverty through civic engagement, public education, self and community empowerment.

The Witnesses Model

WHAT WE DO

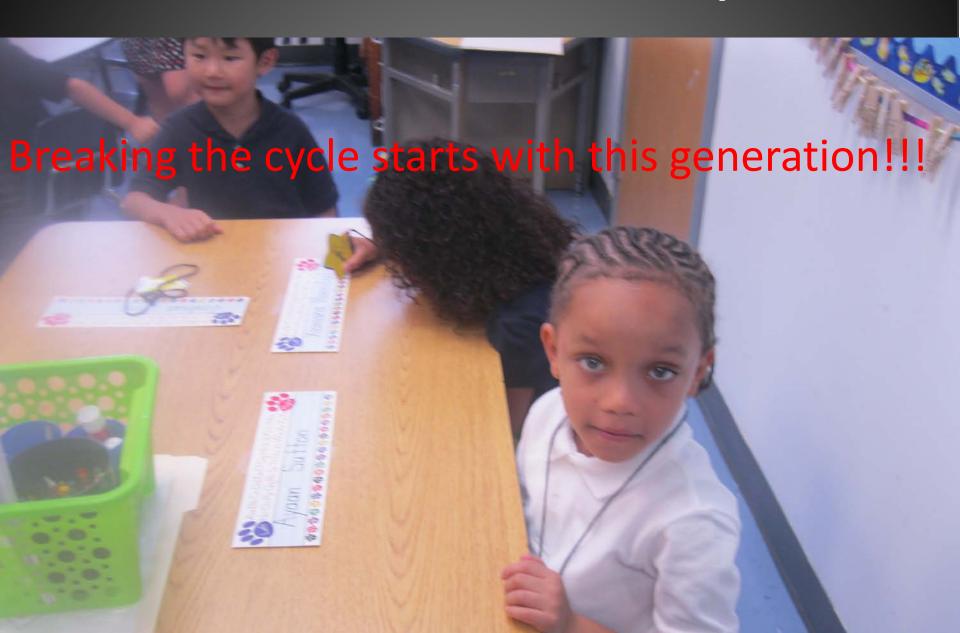
- Advocate for change
 - Legislative visits
 - Talk to the media
 - Public speaking
 - Community events

- Support each other
 - Advisory board
 - Peer mentoring
 - Learning opportunities





How do we break the cycle?



Witnesses to Hunger: advocacy



The Washington Post She turns cameras on American hunger

By PAULINE ARRILLAGA The Associated Press Saturday, February 28, 2009; 3:43 PM

PHILADELPHIA -- An office party goes on without her, across town in an affluent world vastly different from the one where Mariana Chilton now finds herself. Her husband's tried calling. Twice.

And still she sits in dress slacks and stocking feet, gray suede shoes tossed aside, on the drab carpet of a row house in the Philadelphia projects, playing with someone else's children while her own three kids wait for Mom to come home.

A mouse scurries by, but Chilton doesn't flinch.

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The Philadelphia Inquirer

Philadelphia poverty rivets D.C. eyes

"Witnesses to Hunger" women take their photos to Capitol Hill.

By Alfred Lubrano Inquirer Staff Writer

WASHINGTON - On a bus trip that was part field trip, part mission, 21 poor and working-poor women from North Philadelphia rode to the Capitol yesterday to tell the country about the rough life above Spring Garden Street.

In the fall, Drexel University's School of Public Health gave the women, along with 21 others, cameras to chronicle their lives and hard times in a project known as "Witnesses to Hunger," Since The Inquirer published an article about them in November, the women and their photos have been featured in newspapers and on Web sites in Japan, the Middle East, and Europe.



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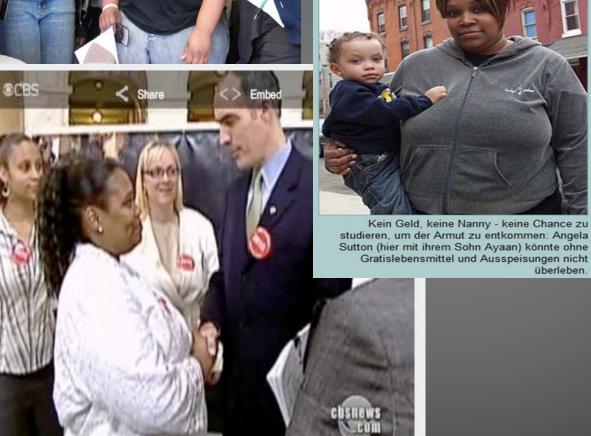
Ending Childhood Hunger

June 5, 2009 5:15 PM



Speaking Out

überleben.





What pushes me??? My Family!!!



Trauma survivors: the reenactment triangle



My Future

For My Family FAILURE IS OPTION!





Advice for others

Reach out to people who can help you

I was an advocate for myself. My PHA was expedited because I used constituent services at my Senator's office. It was not easy, but being persistent helped. I prayed a lot. There were many days when I did not think it was going to happen, but it did.

*Constituent Services are assistance offered by elected officials to better serve people in their communities.

Thank you!



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