Strategies for Ensuring Age- and Disability-Friendly Programs and Communities

CWDA Conference 2018
Anaheim, CA
Why focus on aging and disabilities?

- Honor contributions of people living with disabilities to their families, communities, and society
- Strengthen best practices in disabilities awareness
- Preserve rights of people aging with and aging into disabilities
One in five apples in the bowl is green.

One in five Americans are born with a disability.

www.disabilityisnatural.com
Objectives

- Identify the value of age- and disability-friendly programs and communities;
- Understand the policy implications and resources needed for greater inclusivity;
- Identify key stakeholders (consumers, departments, and CBOs) who can help champion the process.
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Aging With and Aging Into Disabilities

CWDA Conference

October 10, 2018
Design and Development Process

• Stakeholders/Advisory Workgroup
• County Best Practices
• Design and Development
• Statewide Delivery
State and County Leadership

• Core Topics in DAT:
  • Impact of Disabilities Across the Lifespan
  • Best Practices in Honoring Aging Adults and Persons with Disabilities
  • “Just in Time” Resources
DISABILITIES IN ADULTS

AGING “WITH” AND “INTO” DISABILITY

Those with long-standing disabilities acquired in childhood or early adulthood are aging “with” disability

Those who’ve lived most of their lives without a disability who become disabled later in life, are aging “into” disability
DISABILITY AWARENESS BEST PRACTICES

FOUNDATIONAL PERSON-CENTERED BEHAVIORS

Self-Awareness
Own biases (Explicit and Implicit)
Self monitoring

Communication
Individualized assessments
Honest, Clear, Respectful
Practice Disability etiquette
Accountability and trust
County Leadership
Ryan Uhlenkott, Deputy Director
Riverside County Department of Public Social Services
Authentic Voice
Kristine Loomis, Consumer Advocate
Riverside County
• Valerie Coleman, Program Analyst
  San Francisco Department of Aging and Adult Services
Ensuring an Age & Disability Friendly San Francisco

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SAN FRANCISCO DEPARTMENT OF AGING & ADULT SERVICES
Why

The Age Friendly Movement

- Rapidly aging population
- Increasingly urban
- Prioritization of community based living
- The ecology of aging

Representing a trend that is local, national & global
DETAILS:

Initiated in 2005, developed in 2007

33 global cities participated in focus group

Portland, OR – 1st American city

PURPOSE:

“to engage cities to become more age-friendly so as to tap the potential that older people represent for humanity.”
How

The WHO “Global Age Friendly Cities” Framework

- Baseline Assessment
- Action Plan
- Implementation
- Evaluation
ACTION PLAN

8 key domains

Assets + Gaps

Develop
Recommendations
2002-ish – community leaders identified need for age friendly effort

2014 – Officially a World Health Organization designated Global Age Friendly City

2016 – Age & Disability Task Force is convened

2016-17 - assessment + action plan developed

2018-20 - implementation

San Francisco’s Efforts

Welcome to:
A PARTY with a PURPOSE!
## SF Plan Specifics

### Domains:
- Community Support & Health Services
- Engagement & Inclusion
- Communication, Information, & Technology
- Employment & Economic Security
- Housing
- Transportation
- Outdoor Spaces & Buildings
- Resiliency & Emergency Preparedness

### Target Populations:
- Seniors
- People with disabilities
- Dementia
- Caregivers
Key considerations

▪ Foster Stewardship
▪ Develop Partnerships
▪ Leveraging Existing Efforts
▪ Iterative Process

Deliverables

▪ Range of projects
▪ Short term vs. long term
▪ Measurable, actionable, resources & time bound

Our Approach.
### Who

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<th>27 Member Task Force</th>
<th>Data, Resources &amp; Info</th>
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Implementation Partners

Dept. of Aging & Adult Services

Age & Disability Friendly Group

Long Term Care Coordinating Council
• a policy advisory body

Project Partners

SFSU’s School of Public Affairs & Community Engagement

Neighborhood Empowerment Network’s resiliency hubs

Dept. of Emergency Management

Creative Aging Collective

Tech Council

Municipal Transit Authority’s “Mobility Management”

MTA & Public Health’s, Vision Zero effort

Dept of Public Health “Health Care Master Services” plan

Mayor’s Office on Disability

UCSF’s Optimizing Aging Collaborative
Bay Area Age Friendly Efforts

- Alameda County (3 cities)
- **Marin County** (6 cities)
- Santa Clara County (15 cities)
- Sonoma County
- Contra Costa County (1 city)
- San Mateo County
- Napa County

Map from Reddit
Next Steps for SF

What Implementation looks like:

- Quarterly meetings
- Ongoing partnership development
- A 3 year project management calendar
- Develop evaluation tools
- Continue to engage community members & share ongoing results
Questions

Comments